

Monday	Tuesday	Wednesday	Thursday	Friday
22 Holiday	23 Holiday	24 Holiday	25 Holiday	26 Holiday
29 All Beef Hot Dog (DF) (B) (L) Crispy Chicken Sandwich with Sriracha Ranch Cheesy Garlic Bread with Marinara (V) Yogurt Parfait (V) Cucumber & Celery with Ranch (L) Baby Carrots (L)	30 Pasta Alfredo (V) Teriyaki Meatballs with Rice (DF) (B) <i>Cheese Pizza (V)</i> Cherry Tomato & Cucumber Cups (L) Baby Carrots (L)			

Italicized entrees are provided by our partner Revolution Foods

Menu subject to change based on availability. Meals come with a choice of 1% or fat-free milk and a variety of seasonal fruit. We strive to source local and sustainable products whenever possible. There are no tree nuts or peanuts on the menu. All our poultry meets or exceeds standards for Certified Responsible Antibiotic Use.

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(V) Vegetarian: Meatless, may have dairy or eggs

(B) Beef: Contains beef

(O) Organic: Made with certified organic

(F) Fish: Contains fish

(L) Local: Produce within 250 miles, meat within 500 miles

October 2021 - Refresh Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>27 All Beef Hot Dog (DF) (B) (L)</p> <p>Crispy Chicken Sandwich with Sriracha Ranch</p> <p>Cheesy Garlic Bread with Marinara (V)</p> <p>Yogurt Parfait (V)</p> <p>Cucumber & Celery with Ranch (L)</p> <p>Baby Carrots (L)</p>	<p>28 Pasta Alfredo (V)</p> <p>Teriyaki Meatballs & Rice (DF) (B)</p> <p><i>Cheese Pizza (V)</i></p> <p>Cherry Tomato & Cucumber Cups (L)</p> <p>Baby Carrots (L)</p>	<p>29 Chicken Adobo Drumstick & Rice (DF)</p> <p>Caprese Salad with Fresh Mozzarella & Pita Bread (V)</p> <p>Yogurt Parfait (V)</p> <p><i>Spaghetti with Beef Meatballs (B)</i></p> <p><i>Pasta Alfredo (V)</i></p> <p>Pickled Jicama & Carrots (L)</p> <p>Baby Carrots (L)</p>	<p>30 Sweet & Sour Chicken Rice Bowl (DF)</p> <p>Chicken or Bean & Cheese (V) Burrito</p> <p><i>Buttermilk Pancakes with Omelet (V)</i></p> <p><i>Mongolian Beef with Oven Fried Rice (B)</i></p> <p>Jicama with Tajín (L)</p> <p>Refried Beans (L)</p>	<p>1 Chef's Choice, Turkey Pepperoni or Cheese (V) Pizza</p> <p>Hamburger (DF) or Cheeseburger (B)</p> <p>Yogurt Parfait (V)</p> <p>Caesar Shaker Salad (L) (F)</p> <p>Roasted Rosemary Potatoes</p>
<p>4 All Beef Hot Dog (DF) (B) (L)</p> <p>Chicken Katsu Rice Bowl (DF)</p> <p>Cheesy Garlic Bread with Marinara (V)</p> <p>Yogurt Parfait</p> <p>Baby Carrots (L)</p> <p>Sesame Slaw (L)</p>	<p>5 Pasta Alfredo (V)</p> <p>Chicken Tamal</p> <p><i>Cheese Pizza (V)</i></p> <p>Baby Carrots (L)</p> <p>Refried Beans (L)</p>	<p>6 Bean & Cheese Pupusa (V) (L)</p> <p>BBQ Chicken Drumstick & Waffle</p> <p>Yogurt Parfait (V)</p> <p><i>Orange Chicken Bites & Oven Fried Rice</i></p> <p><i>Cheese Lasagna (V)</i></p> <p>Suzie's Spicy Lime Slaw (L)</p> <p>Sweet Potato Fries</p>	<p>7 Chicken Oven Fried Rice (DF) with Spring Rolls</p> <p>Chicken Burrito</p> <p>Bean & Cheese Burrito (V)</p> <p><i>Mac and Cheese with Chicken Bites</i></p> <p><i>Veggie Chili with Cornbread (V)</i></p> <p>Cherry Tomato & Cucumber Cups (L)</p> <p>Baby Carrots (L)</p>	<p>8 Chef's Choice, Turkey Pepperoni or Cheese (V) Pizza</p> <p>Hamburger (DF) or Cheeseburger</p> <p>Yogurt Parfait (V)</p> <p>Green Side Salad (L)</p> <p>Roasted Rosemary Potatoes</p>
<p>11 Holiday</p>	<p>12 Pasta Alfredo (V)</p> <p>Teriyaki Meatballs with Rice (DF) (B)</p> <p><i>Cheese Pizza (V)</i></p> <p>Cherry Tomato & Cucumber Cups (L)</p> <p>Baby Carrots (L)</p>	<p>13 Chicken Adobo Drumstick & Rice (DF)</p> <p>Caprese Salad with Fresh Mozzarella & Pita Bread (V)</p> <p>Yogurt Parfait (V)</p> <p><i>Chicken Bites</i></p> <p><i>Bean and Cheese Pupusa (V)</i></p> <p>Pickled Jicama & Carrots (L)</p> <p>Baby Carrots (L)</p>	<p>14 Sweet & Sour Chicken Rice Bowl (DF)</p> <p>Chicken Burrito</p> <p>Bean & Cheese Burrito (V)</p> <p><i>Buttermilk Pancakes with Chicken Sausage</i></p> <p><i>Soyrizo Burrito with Guacamole (V)</i></p> <p>Jicama with Tajín (L)</p> <p>Refried Beans (L)</p>	<p>15 Chef's Choice, Turkey Pepperoni or Cheese (V) Pizza</p> <p>Hamburger (DF) or Cheeseburger (B)</p> <p>Yogurt Parfait (V)</p> <p>Caesar Shaker Salad (L) (F)</p> <p>Roasted Rosemary Potatoes</p>

October 2021 - Refresh Lunch Menu

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18 All Beef Hot Dog (DF) (B) (L) Chicken Katsu Rice Bowl (DF) Cheesy Garlic Bread with Marinara (V) Yogurt Parfait (V) Sesame Slaw (L) Baby Carrots (L)	19 Pasta Alfredo (V) Chicken Tamale <i>Cheese Pizza (V)</i> Refried Beans (L) Baby Carrots (L)	20 Bean & Cheese Pupusa (V) (L) BBQ Chicken Drumstick & Waffle Yogurt Parfait (V) <i>Orange Chicken Bites & Oven Fried Rice</i> <i>Cheese Lasagna (V)</i> Suzie's Spicy Lime Slaw (L) Sweet Potato Fries	21 Chicken Oven Fried Rice (DF) with Spring Rolls Chicken Burrito Bean & Cheese Burrito (V) <i>BBQ Beef Rib Sandwich (B)</i> <i>Cheese Tamale with Rice and Beans (V)</i> Cherry Tomato & Cucumber Cups (L) Baby Carrots (L)	22 Chef's Choice, Turkey Pepperoni or Cheese (V) Pizza Hamburger (DF) or Cheeseburger Yogurt Parfait (V) Green Side Salad (L) Roasted Rosemary Potatoes
25 All Beef Hot Dog (DF) (B) (L) Crispy Chicken Sandwich with Sriracha Ranch Cheesy Garlic Bread with Marinara (V) Yogurt Parfait (V) Cucumber & Celery with Ranch (L) Baby Carrots (L)	26 Pasta Alfredo (V) Teriyaki Meatballs with Rice (DF) (B) <i>Cheese Pizza (V)</i> Cherry Tomato & Cucumber Cups (L) Baby Carrots (L)	27 Chicken Adobo Drumstick & Rice (DF) Caprese Salad with Fresh Mozzarella & Pita Bread (V) Yogurt Parfait (V) <i>Spaghetti with Beef Meatballs (B)</i> <i>Pasta Alfredo (V)</i> Pickled Jicama & Carrots (L) Baby Carrots (L)	28 Sweet & Sour Chicken Rice Bowl (DF) Chicken Burrito Bean & Cheese Burrito (V) <i>Mongolian Beef with Oven Fried Rice (B)</i> <i>Buttermilk Pancakes with Omelet (V)</i> Jicama with Tajín (L) Refried Beans (L)	29 Chef's Choice, Turkey Pepperoni or Cheese (V) Pizza Hamburger (DF) or Cheeseburger (B) Yogurt Parfait (V) Caesar Shaker Salad (L) (F) Roasted Rosemary Potatoes

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MONDAY



TUESDAY



WEDNESDAY

Yogurt Parfait **V**
 Chicken Adobo Drumstick & Rice **DF** 1
 Caprese Salad with Fresh Mozzarella & Pita Bread **V**
Chicken Bites
 Bean & Cheese Pupusa **V**
 Pickled Jicama & Carrots **L**
 Baby Carrots **L**

THURSDAY

Sweet & Sour Chicken Rice Bowl **DF** 2
 Chicken or Bean & Cheese **V** Burrito
Buttermilk Pancakes with Omelet **V**
 Mongolian Beef with Oven Fried Rice **B**
 Jicama with Tajin **L**
 Refried Beans **L**

FRIDAY

Chef's Choice, Turkey Pepperoni or Cheese **V** Pizza 3
 Hamburger **DF** or Cheeseburger **B**
 Yogurt Parfait **V**
 Caesar Shaker Salad **L** **F**
 Roasted Rosemary Potatoes

6
 LABOR DAY
 NO SCHOOL

7
 Pasta Alfredo **V**
 Chicken Tamal
Turkey Pepperoni or Cheese **V** Pizza
 Baby Carrots **L**
 Refried Beans **L**

8
 Bean & Cheese Pupusa **V** **L**
 BBQ Chicken Drumstick & Waffle
 Yogurt Parfait **V**
Orange Chicken Bites & Oven Fried Rice
 Cheese Lasagna **V**
 Suzie's Spicy Lime Slaw **L**
 Sweet Potato Fries

9
 Chicken Oven Fried Rice **DF**
 & Spring Rolls
 Chicken or Bean & Cheese **V** Burrito
Mac & Cheese with Chicken Bites
 Veggie Chili with Cornbread **V**
 Cherry Tomato & Cucumber Cups **L**
 Baby Carrots **L**

10
 Chef's Choice, Turkey Pepperoni or Cheese **V** Pizza
 Hamburger **DF** or Cheeseburger **B**
 Yogurt Parfait **V**
 Green Side Salad **L**
 Roasted Rosemary Potatoes

13
 All Beef Hot Dog **DF** **B** **L**
 Crispy Chicken Sandwich with Sriracha Ranch
 Cheesy Garlic Bread with Marinara **V**
 Yogurt Parfait **V**
 Cucumber & Celery with Ranch **L**
 Baby Carrots **L**

14
 Pasta Alfredo **V**
 Teriyaki Meatballs & Rice **DF** **B**
Turkey Pepperoni or Cheese **V** Pizza
 Cherry Tomato & Cucumber Cups **L**
 Baby Carrots **L**

15
 Yogurt Parfait **V**
 Chicken Adobo Drumstick & Rice **DF**
 Caprese Salad with Fresh Mozzarella & Pita Bread **V**
Chicken Bites
 Bean & Cheese Pupusa **V**
 Pickled Jicama & Carrots **L**
 Baby Carrots **L**

16
 Sweet & Sour Chicken Rice Bowl **DF**
 Chicken or Bean & Cheese **V** Burrito
Buttermilk Pancakes with Chicken Sausage
 Turkey & Cheddar Sandwich
 Jicama with Tajin **L**
 Refried Beans **L**

17
 Chef's Choice, Turkey Pepperoni or Cheese **V** Pizza
 Hamburger **DF** or Cheeseburger **B**
 Yogurt Parfait **V**
 Caesar Shaker Salad **L** **F**
 Roasted Rosemary Potatoes

20
 All Beef Hot Dog **DF** **B** **L**
 Chicken Katsu Rice Bowl **DF**
 Cheesy Garlic Bread with Marinara **V**
 Yogurt Parfait **V**
 Baby Carrots **L**
 Sesame Slaw **L**

21
 Pasta Alfredo **V**
 Chicken Tamal **DF**
Turkey Pepperoni or Cheese **V** Pizza
 Baby Carrots **L**
 Refried Beans **L**

22
 Bean & Cheese Pupusa **V** **L**
 BBQ Chicken Drumstick & Waffle
 Yogurt Parfait **V**
Orange Chicken Bites & Oven Fried Rice
 Cheese Lasagna **V**
 Suzie's Spicy Lime Slaw **L**
 Sweet Potato Fries

23
 Chicken Oven Fried Rice **DF**
 & Spring Rolls
 Chicken or Bean & Cheese **V** Burrito
BBQ Beef Rib Sandwich **B**
 Cheese Tamal with Rice & Beans **V**
 Cherry Tomato & Cucumber Cups **L**
 Baby Carrots **L**

24
 Chef's Choice, Turkey Pepperoni or Cheese **V** Pizza
 Hamburger **DF** or Cheeseburger **B**
 Yogurt Parfait **V**
 Green Side Salad **L**
 Roasted Rosemary Potatoes

27
 All Beef Hot Dog **DF** **B** **L**
 Crispy Chicken Sandwich with Sriracha Ranch
 Cheesy Garlic Bread with Marinara **V**
 Yogurt Parfait **V**
 Cucumber & Celery with Ranch **L**
 Baby Carrots **L**

28
 Pasta Alfredo **V**
 Teriyaki Meatballs & Rice **DF** **B**
Turkey Pepperoni or Cheese **V** Pizza
 Cherry Tomato & Cucumber Cups **L**
 Baby Carrots **L**

29
 Yogurt Parfait **V**
 Chicken Adobo Drumstick & Rice **DF**
 Caprese Salad with Fresh Mozzarella & Pita Bread **V**
Spaghetti with Beef Meatballs **B**
 Pasta Alfredo **V**
 Pickled Jicama & Carrots **L**
 Baby Carrots **L**

30
 Sweet & Sour Chicken Rice Bowl **DF**
 Chicken or Bean & Cheese **V** Burrito
Buttermilk Pancakes with Omelet **V**
 Mongolian Beef with Oven Fried Rice **B**
 Jicama with Tajin **L**
 Refried Beans **L**



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September

MENU LUNCH

DF Dairy-free Contains no milk, cheese, etc.

B Beef Contains beef

F Fish Contains fish

V Vegetarian Meatless, may have dairy or eggs

O Organic Made with certified organic

L Local Produce within 250 miles, meat within 500 miles

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NO SCHOOL

NO SCHOOL

16

Cheeseburger **B**
Sunbutter & Jelly Sandwich Kit with Yogurt **V**
Cucumber & Celery with Ranch **L**
Baby Carrots **L**

17

Honey Mustard Chicken Salad
Turkey Pepperoni or Cheese **V** Pizza
Cherry Tomato & Cucumber Cups **L**
Baby Carrots **L**

Yogurt Parfait **V**
Chicken Adobo Drumstick & Rice **DF** **18**
Caprese Salad with Fresh Mozzarella & Pita Bread **V**
Chicken Bites
Bean & Cheese Pupusa **V**
Pickled Jicama & Carrots **L**
Baby Carrots **L**

Sweet & Sour Chicken Rice Bowl **DF** **19**
Chicken or Bean & Cheese **V** Burrito
Buttermilk Pancakes with Chicken Sausage
Turkey & Cheddar Sandwich
Jicama with Tajin **L**
Refried Beans **L**

20

Chef's Choice, Turkey Pepperoni or Cheese **V** Pizza
Hamburger **DF** or Cheeseburger **B**
Yogurt Parfait **V**
Caesar Shaker Salad **L** **F**
Roasted Rosemary Potatoes

23

All Beef Hot Dog **DF** **B** **L**
Chicken Katsu Rice Bowl **DF**
Cheesy Garlic Bread with Marinara **V**
Yogurt Parfait **V**
Baby Carrots **L**
Sesame Slaw **L**

24

Pasta Alfredo **V**
Chicken Tamal **DF**
Turkey Pepperoni or Cheese **V** Pizza
Baby Carrots **L**
Refried Beans **L**

Bean & Cheese Pupusa **V** **L** **25**
BBQ Chicken Drumstick & Waffle
Yogurt Parfait **V**
Orange Chicken Bites & Oven Fried Rice
Cheese Lasagna **V**
Suzie's Spicy Lime Slaw **L**
Sweet Potato Fries

Chicken Oven Fried Rice **DF** **26**
& Spring Rolls
Chicken or Bean & Cheese **V** Burrito
BBQ Beef Rib Sandwich **B**
Cheese Tamal with Rice & Beans **V**
Cherry Tomato & Cucumber Cups **L**
Baby Carrots **L**

27

Chef's Choice, Turkey Pepperoni or Cheese **V** Pizza
Hamburger **DF** or Cheeseburger **B**
Yogurt Parfait **V**
Green Side Salad **L**
Roasted Rosemary Potatoes

30

All Beef Hot Dog **DF** **B** **L**
Crispy Chicken Sandwich with Sriracha Ranch
Cheesy Garlic Bread with Marinara **V**
Yogurt Parfait **V**
Cucumber & Celery with Ranch **L**
Baby Carrots **L**

31

Pasta Alfredo **V**
Teriyaki Meatballs & Rice **DF** **B**
Turkey Pepperoni or Cheese **V** Pizza
Cherry Tomato & Cucumber Cups **L**
Baby Carrots **L**

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August

MENU
LUNCH

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B Beef Contains beef

F Fish Contains fish

V Vegetarian Meatless, may have dairy or eggs

O Organic Made with organic ingredients

L Local Produce within 250 miles, meat within 500 miles

August - Refresh Lunch Menu

<p>16 Cheeseburger Sunbutter & Jelly Sandwich Kit with Yogurt Cucumber & Celery with Ranch Baby Carrots</p>	<p>17 Honey Mustard Chicken Salad Turkey Pepperoni or Cheese Pizza Cherry Tomato & Cucumber Cups Baby Carrots</p>	<p>18 Yogurt Parfait Chicken Adobo Drumstick & Rice Caprese Salad with Fresh Mozzarella & Pita Bread Chicken Bites Bean & Cheese Pupusa Pickled Jicama & Carrots Baby Carrots</p>	<p>19 Sweet & Sour Chicken Rice Bowl Chicken or Bean & Cheese Burrito Buttermilk Pancakes with Chicken Sausage Turkey & Cheddar Sandwich Jicama with Tajín Refried Beans</p>	<p>20 Chef's Choice, Turkey Pepperoni or Cheese Pizza Hamburger or Cheeseburger Yogurt Parfait Caesar Shaker Salad Roasted Rosemary Potatoes</p>
<p>23 All Beef Hot Dog Chicken Katsu Rice Bowl Cheesy Garlic Bread with Marinara Yogurt Parfait Baby Carrots Sesame Slaw</p>	<p>24 Pasta Alfredo Chicken Tamal Turkey Pepperoni or Cheese Baby Carrots Refried Beans</p>	<p>25 Bean & Cheese Pupusa 25 BBQ Chicken Drumstick & Waffle Yogurt Parfait Orange Chicken Bites & Oven Fried Rice Cheese Lasagna Suzie's Spicy Lime Slaw Sweet Potato Fries</p>	<p>26 Chicken Oven Fried Rice & Spring Rolls Chicken or Bean & Cheese Burrito BBQ Beef Rib Sandwich Cheese Tamal with Rice & Beans Cherry Tomato & Cucumber Cups Baby Carrots</p>	<p>27 Chef's Choice, Turkey Pepperoni or Cheese Pizza Hamburger or Cheeseburger Yogurt Parfait Green Side Salad Roasted Rosemary Potatoes</p>
<p>30 All Beef Hot Dog Crispy Chicken Sandwich with Sriracha Ranch Cheesy Garlic Bread with Marinara Yogurt Parfait Cucumber & Celery with Ranch Baby Carrots</p>	<p>31 Pasta Alfredo Teriyaki Meatballs & Rice Turkey Pepperoni or Cheese Pizza Cherry Tomato & Cucumber Cups Baby Carrots</p>			