

November 2021 - Refresh Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Mini Cinnamon Buns (V) Cereal (V) (DF)	2 Turkey Sausage Breakfast Pizza Strawberry Oatmeal Crumble Bar (V) (DF)	3 Bagel & Cream Cheese (V) (L) Cereal & Bunny Grahams (V) (DF) (O)	4 Banana Chocolate Chip Benefit Bar & Annie's Bunny Crackers (V) Belgian Waffle (V) (O)	5 Chocolate Sea Salt Granola Bar & Yogurt (V) (O) Cereal (V) (DF)
8 Mini Maple Pancakes (V) Cereal (V) (DF)	9 Turkey Sausage Breakfast Pizza Raspberry Fig Bar & Bunny Grahams (V) (DF) (O)	10 Bagel & Cream Cheese (V) (L) Cereal & Bunny Grahams (V) (DF)	11 Holiday	12 Banana Bread & Yogurt (V) (O) Cereal (V) (DF)
15 Mini Cinnamon Buns (V) Cereal (V) (DF)	16 Turkey Sausage Breakfast Pizza Strawberry Oatmeal Crumble Bar (V) (DF)	17 Bagel & Cream Cheese (V) (L) Cereal & Bunny Grahams (V) (DF) (O)	18 Banana Chocolate Chip Benefit Bar & Annie's Bunny Crackers (V) Belgian Waffle (V) (O)	19 Chocolate Sea Salt Granola Bar & Yogurt (V) (O) Cereal (V) (DF)
22 Holiday	23 Holiday	24 Holiday	25 Holiday	26 Holiday
29 Mini Maple Pancakes (V) Cereal (V) (DF)	30 Turkey Sausage Breakfast Pizza Raspberry Fig Bar & Bunny Grahams (V) (DF) (O)			

Menu subject to change based on availability. Meals come with a choice of 1% or fat-free milk and a variety of seasonal fruit. We strive to source local and sustainable products whenever possible. There are no tree nuts or peanuts on the menu. All our poultry meets or exceeds standards for Certified Responsible Antibiotic Use.

(DF) Dairy-free: Contains no milk, cheese, etc.

(V) Vegetarian: Meatless, may have dairy or eggs

(B) Beef: Contains beef

(O) Organic: Made with certified organic

(F) Fish: Contains fish

(L) Local: Produce within 250 miles, meat within 500 miles

October 2021 - Refresh Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
27 Mini Maple Pancakes (V) Cereal (V) (DF)	28 Turkey Sausage Breakfast Pizza Raspberry Fig Bar & Bunny Grahams (V) (DF) (O)	29 Bagel & Cream Cheese (V) (L) Cereal & Bunny Grahams (V) (DF)	30 Nutrigrain Bar (DF) & Cheese Stick (V) Belgian Waffle (V) (O)	1 Banana Bread & Yogurt (V) (O) Cereal (V) (DF)
4 Mini Cinnamon Buns (V) Cereal (V) (DF)	5 Turkey Sausage Breakfast Pizza Strawberry Oatmeal Crumble Bar (V) (DF)	6 Bagel & Cream Cheese (V) (L) Cereal & Bunny Grahams (V) (DF) (O)	7 Banana Chocolate Chip Benefit Bar & Annie's Bunny Crackers (V) Belgian Waffle (V) (O)	8 Chocolate Sea Salt Granola Bar & Yogurt (V) (O) Cereal (V) (DF)
11 Holiday	12 Turkey Sausage Breakfast Pizza Raspberry Fig Bar & Bunny Grahams (V) (DF) (O)	13 Bagel & Cream Cheese (V) (L) Cereal & Bunny Grahams (V) (DF)	14 Nutrigrain Bar (DF) & Cheese Stick (V) Belgian Waffle (V) (O)	15 Banana Bread & Yogurt (V) (O) Cereal (V) (DF)
18 Mini Cinnamon Buns (V) Cereal (V) (DF)	19 Turkey Sausage Breakfast Pizza Strawberry Oatmeal Crumble Bar (V) (DF)	20 Bagel & Cream Cheese (V) (L) Cereal & Bunny Grahams (V) (DF) (O)	21 Banana Chocolate Chip Benefit Bar & Annie's Bunny Crackers (V) Belgian Waffle (V) (O)	22 Chocolate Sea Salt Granola Bar & Yogurt (V) (O) Cereal (V) (DF)
25 Mini Maple Pancakes (V) Cereal (V) (DF)	26 Turkey Sausage Breakfast Pizza Raspberry Fig Bar & Bunny Grahams (V) (DF) (O)	27 Bagel & Cream Cheese (V) (L) Cereal & Bunny Grahams (V) (DF)	28 Nutrigrain Bar (DF) & Cheese Stick (V) Belgian Waffle (V) (O)	29 Banana Bread & Yogurt (V) (O) Cereal (V) (DF)

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Bagel & Cream Cheese
V L
Cereal & Bunny Grahams
V DF

2
Nutrigrain Bar DF &
Cheese Stick V
Belgian Waffle V O

3
Banana Bread & Yogurt
V O
Cereal V DF

6
LABOR DAY
NO SCHOOL

7
Turkey Sausage
Breakfast Pizza
Strawberry Oatmeal
Crumble Bar V DF

8
Bagel & Cream Cheese
V L
Cereal & Bunny Grahams
V DF

9
Banana Chocolate Chip
Benefit Bar & Annie's
Bunny Crackers V
Belgian Waffle V O

10
Chocolate Sea Salt
Granola Bar & Yogurt V
Cereal V DF

13
Mini Maple Pancakes V
Cereal V DF

14
Turkey Sausage
Breakfast Pizza
Raspberry Fig Bar &
Bunny Grahams V DF O

15
Bagel & Cream Cheese
V L
Cereal & Bunny Grahams
V DF

16
Nutrigrain Bar DF &
Cheese Stick V
Belgian Waffle V O

17
Banana Bread & Yogurt
V O
Cereal V DF

20
Mini Cinnamon Buns V
Cereal V DF

21
Turkey Sausage
Breakfast Pizza
Strawberry Oatmeal
Crumble Bar V DF

22
Bagel & Cream Cheese
V L
Cereal & Bunny Grahams
V DF

23
Banana Chocolate Chip
Bar & Annie's Bunny
Crackers V
Belgian Waffle V O

24
Chocolate Sea Salt
Granola Bar & Yogurt V
Cereal V DF

27
Mini Maple Pancakes V
Cereal V DF

28
Turkey Sausage
Breakfast Pizza
Raspberry Fig Bar &
Bunny Grahams V DF O

29
Bagel & Cream Cheese
V L
Cereal & Bunny Grahams
V DF

30
Nutrigrain Bar DF &
Cheese Stick V
Belgian Waffle V O

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Menu subject to change based on availability.

Follow us!   
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#refreshlunch
SchoolLunch@sfusd.edu



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September

MENU BREAKFAST

DF Dairy-free Contains no milk, cheese, etc.

B Beef Contains beef

F Fish Contains fish

V Vegetarian Meatless, may have dairy or eggs

O Organic Made with certified organic

L Local Produce within 250 miles, meat within 500 miles

MONDAY

TUESDAY

WEDNESDAY



THURSDAY

FRIDAY

NO SCHOOL

NO SCHOOL





16

Cereal  


17

Yogurt Parfait & Granola 

18

Bagel & Cream Cheese  
Cereal & Bunny Grahams  



19

Nutrigrain Bar  & Cheese Stick 
Belgian Waffle  



20

Banana Bread & Yogurt  
Cereal  




23

Mini Cinnamon Buns 
Cereal  

24

Turkey Sausage Breakfast Pizza
Strawberry Oatmeal Crumble Bar  

25

Bagel & Cream Cheese  
Cereal & Bunny Grahams  

26

Banana Chocolate Chip Benefit Bar & Annie's Bunny Crackers 
Belgian Waffle  

27

Chocolate Sea Salt Granola Bar & Yogurt 
Cereal  

30

Mini Maple Pancakes 
Cereal  

31

Turkey Sausage Breakfast Pizza
Raspberry Fig Bar & Bunny Grahams   

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August

MENU BREAKFAST

 Dairy-free Contains no milk, cheese, etc.

 Beef Contains beef

 Fish Contains fish

 Vegetarian Meatless, may have dairy or eggs

 Organic Made with organic ingredients

 Local Produce within 250 miles, meat within 500 miles